



Camp Shalom Shmooze

July 31, 2026
Parshas Eikev



Rabbi Gold's Parsha Corner

"And you shall tie them....and you shall teach them to your children 11:18-19)

Rav Avraham Mordechai of Gur explains that the Torah puts the mitzvah of Tefillin next to the mitzvah of educating children to teach us very important lesson. Just as one is not able to fulfill the mitzvah of Tefillin, if your attention wanders, so too one cannot effectively educate a child if he/ she lets his/her attention wander from the children.

Camp is full of teachable moments for our campers. Learning how to compete in a way that shows respect to every camper is an extremely valuable lesson we teach our campers here at Camp Shalom. On a regular basis, we have the opportunity to turn many moments into teachable opportunities as the Pasuk explains to us. We are so grateful for the opportunity to teach our children the proper way to act according to the Torah values!

Reminders

- Please remember to send your child with a **refillable water bottle**, **sunscreen** and **snacks** every day. The children work up an appetite with their daily activities and get hungry. Only the Rishon children are provided with snack from the camp.
- **We are a nut and seed free camp.**
- All clothing should be labeled clearly with your child's name.
- Please send water shoes and towels daily for swim.

Candle Lighting

Teaneck: 7:54 PM
Bergenfield: 7:54 PM
Passaic: 7:55 PM
Fair Lawn: 7:55 PM
Manhattan: 7:54 PM

Important Dates:

August 5

Guess Who Dress
Up Day

Nosim Trips

M: Essex

County

Environmental
Center

T: Howell
Living Farm

W-F: Lehigh
Valley
Overnight



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NEWS AROUND CAMP SHALOM

What an amazing week in Rishon, filled with fun, friends, and color war!!! Team yellow had an incredible time with color war. We ended color war with an incredible performance. Swimming, Ceramics, messy masterpieces, and chinuch!

Wishing everyone a wonderful shabbos!!

What an action packed week for the Sheini and Shlishi girls as what started as a music video turned into COLOR WAR BREAKOUT! Team Purple Kavod and Team Pink Savlanut battled it out through a mix of games and challenges that coincided with our summer theme: Camp Shalom: Get in the Game! Unit wide Bracha Bee and Torah Bowl tested the campers knowledge while Sorry! Dodgeball, Operation Bucket Brigade, and Go Fish Swim Races tested their endurance. We are so proud of the teams for working so hard this week and for making color war 2026 one to remember!

This week, the BOYS DIVISION had COLOR WAR!!! Our Future Job music video turned into a color war war breakout! Blue (led by the high-flying Yaakov Thorburn) and Green (led by Rubiks-cube whiz Simcha Shmutter) played, cheered, painted, and sang their way through an epic three day Color War. The boys broke the bank this week with the Monopoly Bill Hunt, filled their buckets during Hungry Hippos, and decorated their hallways with their colors and themes. Congratulations to the Blue team on their victory, and on the Green team for giving it their all. Good Shabbos!



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NEWS AROUND CAMP SHALOM

Around the Pool

1,2,3,4 - we had a great Color War at the pools this week! Competition was fierce but fun. We enjoyed Rush Hour relay races and games that included Go Fish, Payday, Hungry Hippos and Battleship Splash. It was great to hear the cheering and to witness the good sportsmanship by all teams throughout the week!!! Shabbat Shalom!

The Aquatics Division of Camp Shalom

Sports @ Shalom

This week at Camp Shalom was all about Color War! For three action-packed days, traditional sports took a back seat as campers competed in a variety of creative and exciting games. While dodgeball still made its appearance (of course!), the sports staff kept the energy high by running unique events like Jenga Build, Monopoly Bill Hunt, and the crowd favorite, Hungry Hungry Hippos.

The friendly competition, teamwork, and nonstop excitement made for an unforgettable Color War experience!



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PARSHAS EIKEV Q & A

פרשת עקב



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1. Why should we not be scared of the nations in Israel?
Hashem will help us and can do anything. He did great miracles in Egypt, and will help us in Israel as well.
2. Why does Hashem say that we will not conquer the nations right away?
Hashem does not want the wild animals to start roaming around if all of the cities are empty.
3. What are some of the miracle listed in this week's Parsha, that happened to us in the desert?
We got מן, our clothing did not wear out, our feet did not get bloated and tired from all of the travelling.
4. What are the שבעת המינים?
The special produce from Israel, including: Wheat, Barely, Grapes, Figs, Dates, Pomegranates, and olives.
5. Which ברכה is given as a Mitzvah in this week's Parsha?
The Mitzvah of ברכת המזון
6. When do I need to make a ברכה before I eat? When do I need to make a ברכה after I eat?
Before I eat: I make a Beracha on any amount of food.
After I eat: I make a Beracha on food that fills me up. This is the size of an olive (**on a Torah level**, the size of an eggs,) which is around one slice of bread (two slices on a Torah level.)
7. Moshe reminds the Jewish people of an עבירה that happened at Har Sinai. What was the עבירה?
They worshipped the עגל הזהב, the golden calf.
8. Where were the לוחות kept?
They were kept in the משכן, in the ארון קודש. This was a special box made of wood and gold.
9. What Mitzvah is at the end of this week's Parsha?
The Mitzvah to say Shema (the second paragraph is in this week's Parsha) every morning and every night.
10. What are some other Mitzvot we learn from the first two paragraphs of Shema?
The Mitzvot of Tefillin and Mezuzah.