



2018 Camp Shalom July/August Hot Lunch Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
30 Pizza Caesar Salad(romaine) Fresh Fruit	31 Chicken Nuggets Potato knish Roasted Cauliflower Fresh Fruit	1 Fish Sticks Mashed Potatoes Corn Fresh Fruit	2 Sloppy Joes Pasta Mixed Vegetables Watermelon	3 Tuna Egg Salad Cream Cheese Challah Rolls Fruit cup
6 Pizza Caesar Salad Fresh Fruit (spring mix)	7 Hot dogs Tater Tots Fresh fruit	8 Macaroni and Cheese Broccoli Greek Salad Fresh Fruit	9 Meatballs Pasta 4 Way Mixed Veg Fresh fruit	10 Pancake with Syrup Potato Pancake Fresh fruit
13 Pizza Caesar Salad Fresh Fruit	14 Chicken Nuggets Potato knish Roasted Cauliflower Fresh Fruit	15 Fish Sticks Mashed Potatoes Corn Fresh Fruit	16 BBQ Chicken Roasted Potatoes Peas and Carrots Jello	17 Grilled Cheese Tater Tots Hot Veg Fresh Fruit

ALL FOOD PROVIDED BY FIVE STAR CATERERS

- Bread is available at all lunch meals. Plain pasta is available at lunch daily as an alternative only
- Tuna fish, soy nut butter, jelly are available at lunch daily as an alternative only.
- Salad bar available daily. Items may include iceberg lettuce, tomato, baby carrots, pickles, garbanzo beans, cucumbers, olives, sliced american cheese, peppers, croutons, hard boiled eggs and assorted regular and low fat dressing.
- Fresh fruit daily to include: apples, oranges, pears, plums, peaches