



## 2018 Camp Shalom June/July Hot Lunch Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
25 Pizza Caesar Salad Fresh Fruit (spring mix)	26 Tempura Chicken Yellow Rice Chinese Vegetables Fresh Fruit	27 Fish Sticks Mashed Potatoes Corn Chocolate Pudding	28 Meatballs Pasta 4 Way Mixed Veg Watermelon	29 Grilled Cheese Tater Tots Roasted Broccoli Fresh Fruit
2 Pizza Caesar Salad Fresh Fruit	3 Hero Sandwiches Cole Slaw Pickles Fresh Fruit Chips	4  <b>4<sup>th</sup> of July</b>  <b>No Camp</b>	5 Sloppy Joes Pasta 4 Way Mixed Veg Fresh Fruit	6 Blintzes Penne with Sauce Green Beans Fruit cup
9 Pizza Caesar Salad Fresh Fruit (spring mix)	10 Chicken Nuggets Mashed Potatoes Roasted Cauliflower Fresh Fruit	11 Baked Ziti Roasted Squash Chocolate Pudding	12 BBQ Chicken Roasted Potatoes Peas and Carrots Jello	13 <b>Rosh Chodesh Av</b> Grilled Cheese Tater Tots 4 Way Mix Veg Fresh Fruit
16 Pizza Caesar Salad(romaine) Fresh fruit	17 Macaroni and Cheese Broccoli Greek Salad Fresh Fruit	18 <b>Siyum</b> Hot dogs/ Burgers Cole slaw pickles Tater Tots Dessert	19 Fish Sticks Mashed Potatoes Corn Fresh Fruit	20 Tuna Egg Salad Cream Cheese Challah Rolls Fruit cup
23 Pizza Caesar Salad Fresh Fruit (Spring mix)	24 Hero Sandwiches Cole Slaw Pickles Fresh Fruit Chips	25 Baked Ziti Roasted Mushrooms Fresh Fruit	26 Burgers Potato knish 4 way mix veg Fresh fruit	27 French Toast w/Syrup Potato Pancake Fresh fruit

### ALL FOOD PROVIDED BY FIVE STAR CATERERS

- Bread is available at all lunch meals.
- Plain pasta is available at lunch daily as an alternative only.
- Tuna fish, soy nut butter, and jelly are available at lunch daily as an alternative only.
- Salad bar available daily. Items may include iceberg lettuce, tomato, baby carrots, pickles, garbanzo beans, cucumbers, olives, sliced american cheese, peppers, croutons, hard boiled eggs and assorted regular and low fat dressing.
- Fresh fruit daily to include: apples, oranges, pears, plums, peaches